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Daily Word

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Unity Villa

Lee's Summit, Missouri

JANUARY 1943

Class Thoughts

December 20 to January 19

Daily at 11 a. m. join us in this thought
for spiritual illumination:

I walk in the light of my newborn Christ.

At high noon each day concentrate your attention
on this thought for prosperity:

Wisdom reveals the riches of the Christ life,
and I am divinely supplied.

At 9 p. m. each night let us acknowledge the healing power
of Spirit with this prayer:

I am conscious of the new Christ life manifest-
ing itself in me as health and perfection.

PRAYER FOR WORLD PEACE

Liberty, justice, righteousness, and peace are now estab-
lished throughout the world, in the name of Jesus Christ.

Silent Unity, the healing department of Unity School, is happy to
minister to every person desiring help through prayer. Address Silent
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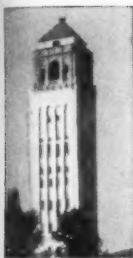
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DAILY WORD

Vol. 38

JANUARY, 1943

No. 1

EDITED UNDER THE SUPERVISION OF SILENT UNITY

Stately and tall, the Unity Campanile or Prayer Tower directs the traveler to Unity Farm near Kansas City. Even so this little magazine daily directs your steps to the sun-tipped heights in whose glory you behold yourself as a son of God; for such you are.

NEW YEAR THOUGHTS

CLARENCE EDWIN FLYNN

Across the threshold what awaits?
More open doors, more wide-swung gates,
More roads that reach and ramble on
Always toward the crests of dawn.

Across the threshold what is there?
A lighted human thoroughfare
To better things and truer ways
And gladder hearts and brighter days.

Across the threshold what shall be?
More thresholds until hearts are free,
More stairways waiting to be trod
From dark to light, from man to God.

Since steel wire such as that used to staple *Daily Word* is now a vital defense product, we are conserving our use of it by placing only one staple in this magazine. We are glad to co-operate with the government in this and every way we can.

To Those in Service

GOD bless you, our men in the service, so many of whom read the pages of this little magazine. We want you to know that we are with you unfailingly, backing you up constantly with our prayers and blessings.

Your faith and courage and strength are proving to be a mighty fortress, and you are truly an inspiration and blessing to us.

The following inspiring letter strengthens and encourages us in the knowledge of the tremendous good you are all doing wherever you are. Each day our earnest prayers and blessings are directed toward you in the assurance that God in the midst of you is mighty to guide, to protect, to defend, and to deliver you. This is the special prayer we speak daily for you:

The light of God surrounds you; the love of God infolds you; the power of God protects you; the presence of God watches over you.

* * *

Dear Friends: I have a friend in the navy, a Truth student, whose experiences have been so inspiring that I want to tell you about some of them.

Alfred, my friend, is on a troop transport that carries approximately five thousand troops at one time. He is one of the ship's barbers, and there-

fore he has opportunity to contact a majority of the men on shipboard. Many come to him with their problems, heartaches, or questions, and he counsels them as best he can from his knowledge of Truth. Alfred's shop has become popular, and is called "the sanctuary" by the men who frequent it and who have learned to come to him for prayers and help. He always tells the men that they must pray for themselves, but he also prays for every man on board. Recently he wrote:

"I am on a transport, and I always place each load of 'boys' in His hands, and rest in the confident assurance that wherever they go, there He is, guiding, protecting, and loving them. In the past I blessed enemy bombs, thanking God they could fall on vacant ground—and they did. I am constantly on the alert to affirm good for the ship. When a chap comes in and states that we are in dangerous waters, I thank God that those waters are the same as in peacetime: His creation, and good; that they are the same waters that carried us in safety in the past; and that they are safe now. I feel that the I AM in me is the source of safety for all who come aboard the ship on which I work. I feel that I AM is a source of joy and pleasure that I shall spread to whomever I meet and that He will show me the way in which I can bring His help to anyone that needs it."

But to me the most inspiring experience I have heard of happened at Singapore. As I understand it, Alfred's ship and two or three others put in at Singapore a day or so before it fell. They unloaded a shipment of British soldiers who had come to defend the city. The ships then departed hurriedly only a few hours before the bastion fell. As they were endeavoring to escape, forty Jap bombers appeared overhead and attacked the convoy. Enemy subs lay in wait on both sides of them about a mile distant. The sea was very heavy, and the going was difficult. Alfred gathered some of the men on deck, and together they knelt in prayer. Miraculously, as though one of the Old Testament miracle stories were being re-enacted, a huge black cloud formed over the ships, enabling them to escape.

The ship's chaplain, who described this incident to Alfred's parents when they visited him in port recently, said that in all his thirty-odd years of service as a chaplain he had never really known what faith was until he saw Alfred get those men together on the deck and pray.

Alfred knows that you folks at Unity are backing him up with your faith and unceasing prayers, and I too am joining you in knowing that the love of God watches over, defends, and delivers those who trust in Him.—*D. O'C.*

Silent Unity's Word to You: Resolutions

ALL OF us desire a better life, and as the new year approaches most of us make a few resolutions designed to help us get more good out of each day's experiences. This year it is especially important that we outline the improvements we expect to make, the greater good we expect to receive, in 1943. Does this suggestion seem ironic in the face of prevailing appearances?

Nevertheless it is true that in the coming year, in spite of things as they seem to be, we shall feel the same urge for betterment that is always surging through us; we shall see even more clearly the necessity for holding "fast that which is good" and striving to reach higher goals; and we shall find more than the usual opportunities for unfolding spiritually. The law of growth demands that we look ever upward and seek the highest, and we cannot escape it.

Resolutions are in accord with the law of growth. Made in good faith, they serve to define our aims, aspirations, and desires; they strengthen the mind to form new and better habits of thinking and acting and reinforce the will. So it is both commendable and helpful to make some resolutions for the new year.

The word resolve means to set free, to dissolve, to clear up, to work out as a result or conclusion. Good! There are many things from which we wish to be set free. We can see much error in our life that needs to be dissolved. We have some problems and difficulties that we should like to see cleared up. And certainly we have begun undertakings that we wish to carry to a successful conclusion. We want to see results in every department of our life: mental, spiritual, physical, financial.

Now what shall we resolve? The most important realization that we can attain to, the one that will have the greatest effect on our individual life and on the world consciousness, and the one that really includes the fulfillment of all desires, is the realization of our sonship to God, the realization that all men are brothers in His sight, and that we are all heirs to His kingdom of good. Think what would happen if everyone tried to realize this! It would mean the cessation of war, freedom from illness, unhappiness, and poverty. It would mean the immediate establishment of peace, health, and abundance in the earth.

If we are to help in the establishment of God's kingdom, we must first realize our own freedom. If we are to express our power and capacity as a son of God, we must free ourselves from

that most limiting of all dictators, the little, human, selfish self, and let the illimitable Christ self be expressed in and through us.

What are some of the thoughts and habits that our little self clings to? If we harbor resentment, if we are envious of another person's good, if we have the habit of procrastination, if we are easily irritated or annoyed, if we are discontented or dishonest, if we are a faultfinder or a doubting Thomas, if we are a chronic worrier or a pessimist, if we are impatient or fearful, if we are ill or lacking in prosperity, we are bound to the limiting thoughts and expressions of the little self. The Christ Spirit indwelling in us knows nothing of such limitations. In our Christ self we are free, joyous, whole, loving, forgiving, prosperous.

If we have problems or difficulties of any kind facing us and do not seem able to meet them with faith and self-confidence, we are bound to the indecision and inferiority of the human self.

If we seem to have reached an impasse in our work or in some undertaking we have begun, or if we have a certain goal in mind that we should like to reach, we need to realize that Christ in us is able to do all things and do them better than we could do them personally with hours or days or weeks of planning. Paul's affirmation "I can do all things in him that strengtheneth me" will help

us make a new beginning and go forward to a happy conclusion in every worth-while endeavor.

How can we let the Christ self come forth? Every change of habit or way of life is first preceded by a change of mind. Our desire to give expression to our divine nature and our decision to let the Christ self be our guide and inspiration in all things is really the beginning of a new life for us. Naturally we shall have to make some inner and outer preparation, and we shall have to make some effort to fulfill our desire and decision.

On the spiritual side our resolve to act like a son of God is to be realized by prayer and meditation, by contemplation of the Christ nature. In the outer our resolve is to be realized by means of constructive thinking and speaking, by our doing good consistently and joyfully, and by our maintaining a balanced, happy outlook.

We need only turn to the record of the time that Jesus Christ spent with the children of men in order to have a pattern for a full, joyous, well-rounded life. Where is the story of a man who prayed more, who loved more, or was more beloved, who served with such untiring and unselfish interest, who was more patient, kind, and understanding, who accomplished so much in so short a time? Yet He said, "He that believeth on me, the works that I do shall he do also; and

greater *works* than these shall he do." Is not this a ringing challenge to us to enter the new year with a new conviction that we are sons of the Most High, imbued with the same miracle-working power that Jesus Christ used in His ministry?

It is often said of Jesus that He "went about doing good." We should not hesitate to follow the life of Jesus Christ in detail, and we shall find it especially profitable, both spiritually and materially, if we too go about "doing good." We need not feel that our living the Christ life will deprive us of ordinary pleasures. On the contrary, this new way of life will bring us greater joy and satisfaction than we have ever experienced before. We know that Jesus was happy in His ministry. We are told of many occasions when He laughed and made merry with His friends.

"Now are we children of God, and it is not yet made manifest what we shall be," said John. But we can well rejoice that our divine sonship is becoming more and more apparent each year, each day, each moment. We who enter the new year with the desire and aim to live the Christ life have prepared the way for infinite good to come to us in 1943. Our good will come because we express good. "Behold, now is the acceptable time" to prove our divinity and to enter into the fullness of living.

I BEGIN EACH DAY ANEW, FOR MY SPIRIT IS
RENEWED IN CHRIST.

EACH DAWN begins a new life for me; each morning heralds a new existence. The rising of the sun brings me anew the blessed assurance that I am safe in my Father's keeping. I awake knowing that I am in the presence of the Christ. My spirit is reborn in the consciousness of oneness with His almighty perfection.

Under the cloak of the night all adverse thought of yesterday, all failures, fears, and disappointments have been swept away. The light of day symbolizes to me the shining forth through my soul of the Christ light, which is wisdom and intelligence. Through Christ I am free in spirit to begin anew the attainment of my aspirations, the fulfilling of the loving service I would render in His name. The Christ intelligence sheds new light on old problems. Each day means renewed buoyancy of spirit, new enthusiasm for the task at hand. I accept today's blessings with a grateful heart, and I grasp each opportunity to make this day the finest I have ever known.

☛ *Our inward man is renewed day by day.*—II COR. 4:16.

JANUARY 2

Saturday

I HAVE FAITH IN GOD, IN MY COUNTRY,
AND IN MYSELF.

A HUMBLE country preacher once defined faith to his little flock thus: "You cain't hear it, see it, smell it, taste it, or feel it with your hands; you just gotta believe in it."

Each of us has faith in what he believes in. Whether it be the Truth of God or some strange man-conceived doctrine, whatever we believe in we add the power of our faith to.

God's power is expressed through us according to the measure of our faith in Him. If our faith in Him is great, we measure up to every demand that is made upon us, because He gives us the wisdom, ability, strength, and courage that we need.

Today let us be strong in the Lord and in the power of His might. Let us prove our faith in Him by resolutely doing our work in His name. Let us prove our faith in our country by giving it our unswerving allegiance and our loyal support in its time of tribulation. Let us prove our faith in ourself by meeting our responsibilities calmly, confidently, and courageously.

♣ *Great is thy faith.*—MATT. 15:28.

Sunday

JANUARY 3

I AM ONE WITH THE FATHER, AND HE IS
MANIFEST IN ME AT ALL TIMES AS ABUNDANT
GOOD.

GOD IS THE source of all good, whether I consider it in terms of health, life, joy, wisdom, or plenty. His works are all around me. There is nothing that touches me, however slightly or fleetingly, that is not part of Him in visible form. I am united with Him through the life in my body, the intelligence in my mind, the emotions in my soul, the air I breathe, the people I meet. I am never separated from Him.

Knowing Him to be in all things and capable only of the highest good, I throw my mind open to His divine ideas. He is then freely manifested in me as wisdom and understanding. I open my heart to Him, swept clean of its material desires, and He fills it with such an inrushing tide of joy and love that I am spiritually exalted. I open my soul to Him, and He dwells there in silence and peace. His strength and courage uphold me on all occasions. I am the habitation of the Most High, in whom there is peace and joy forever.

☛ *He that is able to receive it, let him receive it.*—MATT.
19:12.

JANUARY 4

Monday

I AM CONFIDENT IN MY GOOD WORK, FOR
GOD BLESSES ME IN IT.

GOD is love, and wills all good for us. To be discouraged in well-doing is to admit belief in a malign power that is stronger than God. The army has a true saying that campaigns are won only by positive action, by offensives. The saying holds true in our individual life also, in our effort to solve our problems by use of Truth. The confident, positive attitude is the winning one. In war some men must fight defensively, knowing that they are on the weaker side. But those who work to solve their problems by God's rules are always on the stronger side; they are justified in taking confident and positive action in the good.

It is a blessed thing for us to have a problem if we work at it with faith that God is helping us, for thus we draw nearer to Him. We never have real reason for discouragement except when we are doing wrong. When we are doing right we have every reason for being optimistic and happy, because we are working with God.

✿ *Why is thy countenance fallen? If thou doest well, shall it not be lifted up?*—GEN. 4:6, 7.

Tuesday

JANUARY 5

MY BODY IS GOD'S HOLY TEMPLE. HIS PRESENCE FILLS AND THRILLS MY WHOLE BEING.

HAVE YOU realized that your body is God's holy temple? Do you know that His presence ever fills and thrills it with healing life, harmony, and perfection? When the truth of your perfect identity is established in your consciousness you know that your body is not material but spiritual, and therefore it cannot be limited in any way. You realize that your body is God's temple, and you no longer regard it as being subject to thoughts of weakness or in-harmony.

When you recognize the Truth concerning your relationship to God, you accept Paul's teaching regarding your body: that you are God's temple, filled with His life and power. This understanding helps you let go of old beliefs. You behold yourself as God sees you, for you know that He embodies Himself in you as perfection.

If thoughts of weariness or weakness present themselves, remember that you are a strong and holy temple of God. His life fills you completely.

✿ *Ye are a temple of God . . . the temple of God is holy, and such are ye.*—I COR. 3:16, 17.

JANUARY 6

Wednesday

DIVINE LOVE MANIFESTING ITSELF THROUGH
ME FILLS MY LIFE WITH PEACE, ORDER, AND
MANIFOLD GOODNESS.

IN TRUTH the fulfillment of the law of love is an established fact. You bring great good into manifestation by praise and thanksgiving and by continually radiating love to all. Divine love is a unifying power that blesses and frees. It beholds the Christ in all persons and things.

Divine love is a sure remedy for every human ill. As you seek to establish the law of divine love in your life and affairs, health, order, peace, and satisfaction prevail. Love is forgiving, sustaining, unifying, healing, and harmonizing. It soothes the mind, heals the body, and blesses the soul with joy and peace.

Let divine love be your watchword each day. Love radiating from your heart lights your way and guides you into paths of righteousness and success. Love supplies every human need and gives you poise and discernment necessary in order to meet every situation squarely and fearlessly.

✿ *Love therefore is the fulfillment of the law.—ROM. 13:10.*

Thursday

JANUARY 7

THE WISDOM OF THE CHRIST MIND HELPS
ME USE GOOD JUDGMENT AT ALL TIMES.

I HAVE within me the same ability that Jesus had to discern the right from the wrong. Within me at my command are the wisdom, love, and good judgment of the Christ mind. I have been given this wonderful mind by the same loving Father who gave to Jesus Christ the ability to discern and to make decisions.

I know that through this mind I can understand all things, and so use discernment and good judgment in all that I do. I can never allow myself to be misled by temptation when I let the Christ wisdom and judgment guide me.

Because the Christ mind is expressing itself in and through me, I can never be deceived or misled by others. I assert my Christ dominion and good judgment, and I am divinely protected and blessed. Through Christ in me I am lifted to a consciousness of good judgment, honesty, and justice.

The wisdom of the Christ mind helps me use good judgment at all times.

✿ *I have filled him with the Spirit of God, in wisdom, and in understanding, and in knowledge.—EXOD. 31:3.*

JANUARY 8

Friday

FROM GOD'S OMNIPRESENT SUBSTANCE I
BRING FORTH THE PERFECT FULFILLMENT OF
EVERY NEED.

PERVADING all space and sustaining all manifestation is God's omnipresent substance. All manifestation contains but a fractional degree of the spiritual substance from which it has been produced and which sustains it.

Because God is Divine Mind, His omnipresent substance is mind substance. It is therefore apparent that our blessings come to us first in the form of ideas. God is the source and the essence of all life, joy, peace, love, and prosperity. As we make ourselves receptive to these ideas which inhere in Divine Mind, we lay hold of the substance of our good.

If we desire enduring health, happiness, and prosperity, we must first lay hold of their substance by building into our consciousness ideas of life, joy, and plenty. Our needs will then be met in a way that is satisfying and complete. Through realization of our unity with God, the all-good, we receive the substance of every good and perfect gift.

✿ *We shall find all precious substance.*—PROV. 1:13.

Saturday

JANUARY 9

I CLAIM MY CHRIST MASTERY THROUGH
TEMPERANCE IN ALL THINGS.

THIS DAY I am master of my thoughts, my words, and of every action that I take. No longer do I let my thoughts dwell on imperfection, for through the Christ indwelling in me I can image perfection. No longer do I let my words frame states of chaos, inharmony, or ugliness, for through the Christ in me I can frame a world of beauty and order. No longer do I let my actions belie my divine sonship.

I claim my Christ mastery through temperance in all things. Temperance in thought means restraining the negative, concentration on the positive. Temperance in words means careful weight of that which I would say, careful thought to that which I would utter. Temperance in action means that all that I do will be done with perfect self-control and in a calm, understanding spirit. My thoughts are tempered with wisdom, my words are tempered with love, and my actions are tempered with order. My Christ mastery is complete!

✿ *Every man that striveth for the mastery is temperate.*
—I COR. 9:25 (A. V.).

GOD'S PROMISES ARE MY STRENGTH AND MY RESOURCE.

GOD MY Father has provided for all my needs. I have but to turn to the Bible to find the record of His love for me and His provision for my welfare.

I am poised and at peace, because I hear a voice within saying, "Be still, and know that I am God." "My peace I give unto you." I give no thought to failure and discouragement, for I know with Paul that "I can do all things in him that strengtheneth me." I am not afraid when I recall, "Lo, I am with you always." "Let not your heart be troubled, neither let it be fearful." I look to God as the source of my health and energy, knowing that "it is the spirit that giveth life." "Ye therefore shall be perfect, as your heavenly Father is perfect." I know that I need never fear lack, for "no good thing will he withhold from them that walk uprightly."

God's promises are my guarantee that I have been endowed with the strength, the intelligence, and the spiritual resources with which to live a happy, successful life.

✿ *My words shall not pass away.*—LUKE 21:33.

Monday

JANUARY 11

I AM RECEPTIVE TO THE WISDOM OF SPIRIT
WITHIN ME.

I AM A CHILD of God, one with His Spirit, one with His wisdom and discernment. When I am in doubt, I turn within and ask for the guidance of His Spirit, and His wisdom enables me to know just the right thing to do and the right thing to say in every circumstance.

New and strange experiences are easy to meet, for I am constantly aware of my oneness with God. The wisdom of His Spirit within me is infallible; when I yield myself to its guidance I am directed unerringly into the right decisions and into my perfect good.

There is no problem or situation too difficult for me to meet when I free my mind from worry and fear and keep it receptive to the inspiration and wisdom of Spirit. I press forward courageously each day in the realization that through God in me I can do all things. There is no task too great for me, for the Father has blessed me with the very Spirit of His wisdom. As I place the burden of all that I have to do on His shoulders, He works through me to bless mankind.

✿ *Look unto me, and be ye saved.*—ISA. 45:22.

Ration Book Blessing

R. H. GRENVILLE



DIVINE LOVE through me fills you with blessing. I do not resent you. Neither do I regard you as a symbol of limitation. Rather I acknowledge you for what you are, a symbol of the Father's loving care for His children, supplying the needs of all equally.

I know that God is all and that in Him is no lack or limitation of any kind. Although to the outer sense there may appear to be less of certain commodities, yet I know that divine substance is limited to no one form. I know that because I am a son of God, forever one with Him and His abundance, my needs are supplied bountifully, unfaillingly, as always. If one channel seems to close, it does so only in order that a greater one may be opened to me.

In gratitude for the blessings I now have and those which I know will unfaillingly come to me, I pray:

Divine love through me blesses and multiplies the good you represent, and all my needs are filled.

Tuesday

JANUARY 12

I AM RENEWED. I DO REJOICE!

RENEWAL IN mind must come before renewal of body can be permanent. We have the power to continually renew our minds, to keep them alert spiritually, quickened to Christ, for we have the power to draw upon the inexhaustible thought substance of God.

Many of us spend time and money trying to keep our body physically fit, our face glowing and youthful, but we fail to go to the source of physical fitness and glowing youthfulness. In order to sustain perfection in body and countenance we must relinquish thoughts of weakness and incapacity and open our mind to vitalizing, refreshing, healing thoughts of Truth. No amount of beauty preparations and outer aids can preserve health and beauty when the inner state of mind is allowed to become stagnant, fearful, or destructive in character. The persons with the greatest youthfulness, vigor, and vitality are they who keep their minds open to the inflow and outpouring of new, fresh, invigorating ideas. Renewal of body follows renewal of mind.

✿ *Our inward man is renewed day by day.*—II COR. 4:16.

GOD IS MY PERFECT LIGHT; THROUGH HIM
I SEE.

I CONSTANTLY bless my eyes so that I may see God's perfection in and through all creation. My eyes are the windows of my soul, and the way I use my eyes determines my soul growth. My eyes are the eyes of the I AM in me that sees my body and my affairs in the light of Truth.

I am a child of God. I inherit divine perfection. I have perfect sight. I do not limit or deplete my vision by seeing others as evil, weak, or lacking any of God's perfect gifts. Instead, I see with God's eyes the good that is in others and in the world.

Jesus Christ said, "Ye therefore shall be perfect, as your heavenly Father is perfect." Jesus did not mean that we are perfect in only a few ways, but in every way. I have perfect vision whereby I can discern both the deep inner things of Spirit and the wonderful, beautiful things of God's creation.

Through the Christ in me I now claim divine perfection for my eyes. The Christ in me restores and preserves my sight and blesses my vision.

✿ *The lamp of the body is the eye.*—MATT. 6:22.

*Long
for the
New Year*

Priscilla Drennen



I will sing a new song unto the Lord
In praise of this new year,
A song of endless love and gratitude,
Of courage and good cheer.

I will sing a new song unto the Lord,
A song that glorifies
The one true Maker of heaven and earth,
Who is gracious and all-wise.

I will sing a new song unto the Lord,
A song of faith that knows
His presence in me as my light and guide—
A song that lives and grows.

I will sing a new song unto the Lord,
A song of joyous praise
For ever-increasing good He gives
To prosper all my days.

I will sing a new song unto the Lord,
A song of love and care,
Of God's protecting hand that shields from
harm
His children everywhere.

I will sing a new song of "peace on earth,"
One that will never cease
Till in my brother's heart and life and
world
The Truth has found release.



Thursday

JANUARY 14

THE CHRIST SPIRIT OF JUSTICE NOW FINDS
PERFECT EXPRESSION THROUGH ME.

IN ORDER to experience only justice in my affairs and to express justice and fairness to others, I must build within myself a consciousness of God's law of divine justice. In His perfect plan there is no concession made for unjust dealings. As I make contact with His Spirit indwelling in me I receive the assurance that my world and all my affairs are governed by His law of justice.

God is the supreme power in my life, and as I think of Him as ruling supreme in all my affairs I know that no unjust power can gain control over my world or influence me in any way. I erase from my mind all thought that others are being unjust or unfair to me, for I believe at all times in the willingness of my fellow men to cooperate with me in just dealings. I recognize in others the divine desire for justice, and I know that I need not seek enforcement of justice from outer sources; God will harmonize and equalize all situations. God's perfect order, justice, and peace are mine.

✱ *The way of the just is uprightness.*—ISA. 26:7.

I AM TRULY GRATEFUL TO GOD FOR ALL
HIS BLESSINGS TO ME.

WHEN WE are grateful for the blessings we already have, our very gratitude attracts extra good to us. Gratitude is a powerful magnet that draws to us friends, love, peace, health, and material good.

There are many ways in which we can show our appreciation to God and to our fellow men. In our prayers we can give thanks for the answer even before it appears, as Jesus did at the tomb of Lazarus. We can take time to enumerate all the wonderful things that God has done for us and breathe a "Bless You, Father" for them. In our contacts with people we can remember to be courteous and kind, to say "Thank you" and "God bless you," to extend understanding and constructive sympathy, to smile, to share our "glad tidings," to withhold every thought and word that would mar the loveliness of personal relationships.

True gratitude is a spiritual quality that is built into the soul with each day's practice, and its reward is rich and infinitely satisfying.

✿ *I will sing praises unto Jehovah.*—PSALMS 27:6.

THE PEACE OF JESUS CHRIST FILLS MY HEART.

WHEN we take the stand for the peace of Jesus Christ to be manifested, we see every situation from the standpoint of His peace. Jesus Christ is for peace, we are for peace, the whole world is for peace, then really peace is here. All we need to do is to be willing to let it express itself through us.

In our inner consciousness we pray daily for peace; then we must remain steadfast and loyal to our resolution. When an inharmonious situation arises, instead of making it a part of us we must stand firm in the realization of peace and decree: "I am for peace." A stand for peace will solve our world difficulty and bring forth the Christ peace for all mankind.

Jesus Christ reacted to all situations by an attitude of peace. We too can learn how to react to conditions in a peaceful manner. We stand for peace, and we are immovable in our decision. We think in terms of peace, and we are unshaken when all about us appears to be in chaos. Through Christ we are inspired to peace.

✿ *Jehovah will bless his people with peace.*—PSALMS 29:11.

JANUARY 17

Sunday

I TURN TO GOD IN PRAYER. HE INSPIRES,
GUIDES, AND PROTECTS ME.

WE NEED to pray daily. We need to develop our instinct to be more aware of God's presence, His guidance and protection. We need to realize more than ever before our oneness with Him. Through daily communion with God we grow into assurance of His sustaining help.

When we become engrossed in outer conditions and personal affairs we sometimes forget about God's ever-ready help. But through steadfast prayer we become aware of His presence always with us, mighty to uphold, comfort, defend, and deliver us.

When we turn often to God in prayer we know what is the right thing to do, the right way to do it. We are refreshed and renewed in power to perform each duty. Prayer establishes us in mental poise and certainty, spiritual faith and trust, and brings us closer to Him in reality.

Prayer is the open door through which God can work His mighty works for us and through us.

✻ *He shall pray unto God, and he will be favourable unto him.*—JOB 33:26 (A. V.).

Monday

JANUARY 18

GOD, MY FATHER, INSPIRES ME WITH CONFIDENCE IN HIM AND IN MYSELF.

SUPPOSE someone gives you a hard and exacting job to do. Perhaps he even says, "This job is supposed to be impossible to do, but I believe you can do it." What is your reaction to such a challenge? Do you start in at once to get the job done, or do you immediately start complaining about the "raw deal" you have encountered?

God has given us a job to do: to live our life in His name and to His glory. We are achieving varying measures of success in our individual attempts to live up to what He expects of us. But He has not left us alone or comfortless: He has given us His Spirit to guide and sustain us, to inspire and hearten us, to strengthen and enable us to do our job well.

Prayer is the means that He has provided for us to use to draw strength and power from Him. Through prayer we learn that we have hitherto undreamed-of capacities of accomplishment, and through prayer we learn how to develop them.

♣ *In quietness and in confidence shall be your strength.*
—ISA. 30:15.

THE JOY OF CHRIST FILLS MY HEART.

WHEN WE are conscious of the presence of Christ in our midst we cannot think of anything in the outer world as having power over us. We no longer feel sorrowful or depressed, but our hearts are filled with joy. Knowledge of the Christ presence and power is a wellspring of joy and gladness, peace and order.

If we are not expressing the fullness of the Christ joy, it may be because outer conditions have not worked out according to our desires, and we have apparently lost sight of Christ in us as the true source of joy. When we give too much thought to outer things as the source of our happiness we become bound by personalities and circumstances. But when we turn to Christ within us we know that external things do not have power to affect our joyous way of life.

We abide in a constant state of joy when we know the joy of Christ's indwelling presence. We express His joy when we merge ourselves with Him in prayer and let His joyful presence radiate through us.

☛ *Thou hast put gladness in my heart.*—PSALMS 4:7.

Today

RALPH E. JOHNSON

DID IT EVER occur to you that today is actually the only day you have to live? Today is the only day that really concerns you. It is the one day at your disposal, the one day in which you can think and plan and work.

It is surprising how many people live as if yesterday or tomorrow were the only time worthy of their attention. Those who turn toward yesterday often live in remorse for acts done that should have been left undone, for words spoken that had better been left unspoken, for opportunities rejected, for slights experienced, or for some failure of long ago. People live in yesterday when they bemoan the passing of the "good old times," when they imagine that good has gone from them beyond recall. They live in the emptiness of nebulous dreams; they have lost contact with the solid ground of reality.

Then there are those who see tomorrow as their only day, the day when they are to solve their problems, perform their duties, make their self-improvement, attain their goals, find their happiness. Or perhaps they look upon tomorrow with apprehension and fear, seeing in it the coming of

chaos or bitterness, until they shrivel up with a feeling of hopeless inadequacy.

Those who live in yesterday live in the grave of the dead past, in a time that has gone forever. Those who live in tomorrow live in a day not yet born, in a fantasy empty of life.

But today is our day! It is the only day worth living in, the only day worth giving attention to. The sands of yesterday have been washed away by the seas of time, but the rock of today stands firmly beneath our feet. Today is within our grasp, plastic to our touch, moldable to our will. Today we can speak the kind word, do the good deed, accept our opportunity, live up to our best. Today we can forgive and forget the past and forge anew our life. Our very real good is in today, for out of it we can make heavenly conditions.

The fruit we wish to pick tomorrow lies hidden in the seed of today. The goals we are to reach and the problems we are to solve tomorrow depend upon today's diligence, hope, and faith, today's conviction of the almightiness of good.

"Yesterday is but a dream,
And tomorrow is only a vision;
But today, well lived, makes
Every yesterday a dream of happiness,
And every tomorrow a vision of hope."
—From the Sufi.

Class Thoughts

TO BE USED FROM

January 20 to February 19

The class thoughts on this page are composed by Charles Fillmore for the purpose of providing central ideas upon which Truth students everywhere may concentrate during the month. You are invited to use them with Silent Unity not only at the hours specified but whenever you have opportunity. We also urge you to join us constantly in the prayer for world peace.

At 11 a. m. use this thought for

ILLUMINATION . . . *I am renewed in the spirit of my mind, and my discernment is perfect.*

At 12 noon use this thought for

PROSPERITY . . . *I no longer harbor financial worry. The free-flowing plenty of financial security fills my mind, and I am abundantly supplied with all good.*

At 9 p. m. use this thought for

HEALING . . . *Forgetting the former ills and all their names, I press on to the high calling of health in Christ Jesus.*

Use this prayer for world peace:

PEACE . . . *Liberty, justice, righteousness, and peace are now established throughout the world, in the name of Jesus Christ.*

JANUARY 20

Wednesday

I AM RENEWED IN THE SPIRIT OF MY MIND,
AND MY DISCERNMENT IS PERFECT.

ONE OF the basic teachings of Truth is that God is mind, the guiding, directing principle that causes the universe to grow and to move. From God-Mind we draw all our own mental powers, and we are able to use them to the extent that we comprehend or understand their marvelous capacities. Because they are divine in origin, our mind powers are greater than we realize.

Our ability to use our mind powers constructively is dependent upon the degree of our spiritual understanding. If we are to use them to the fullest extent in order to bring peace and harmony in our own affairs and into the world, we need to let our understanding be quickened and renewed by Spirit, or God-Mind.

Discernment is a quality that is possessed by a spiritually quickened mind. It is the quality of mind that enables us to see the good, the Truth, that underlies unpleasant situations or events with which we come in contact.

☛ *Man looketh on the outward appearance, but Jehovah looketh on the heart.*—I SAM. 16:7.

Thursday

JANUARY 21

I NO LONGER HARBOR FINANCIAL WORRY. THE FREE-FLOWING PLENTY OF FINANCIAL SECURITY FILLS MY MIND, AND I AM ABUNDANTLY SUPPLIED WITH ALL GOOD.

SO LONG as we permit ourselves to indulge in worry over the state of our finances we make little progress in demonstrating abundance. Worry is a "bad actor" that interferes with the operation of ideas of plenty and security. Until we eliminate it by resolutely denying it place in our mind, we do not make the most of our opportunities to prove God's law of abundance.

When however we "get" the idea that worry is a foolish habit, and resolve to give it no further attention, we are ready then to give our full attention to ideas of plenty and security.

A very good recipe for prosperity may be stated thus: "Think prosperity. Act prosperously. Have faith in God's supply." Your reward for following this recipe diligently will be ample supply for all your needs, freedom from debt, and peace of mind and heart.

✿ *Jehovah thy God will bless thee in all thine increase, and in all the work of thy hands, and thou shalt be altogether joyful.*—DEUT. 16:15.

JANUARY 22

Friday

FORGETTING THE FORMER ILLS AND ALL THEIR NAMES, I PRESS ON TO THE HIGH CALLING OF HEALTH IN CHRIST JESUS.

WHEN WE meet a person who radiates health, we are pretty sure to find that he does not talk about sickness or disease, or indulge in what someone has facetiously called "organ recitals." He demonstrates health because he believes in health, and he gives his attention to health rather than to the apparent lack of it. We might even paraphrase a familiar aphorism to read: "Healthy is as healthy does."

Every one of us wants to have better health, a livelier mind, a more robust constitution. We can have them if we will be faithful to the principles of health. It is good for us to observe the common-sense rules of diet and care of our physical body. Important as these are, our thinking is even more important. If we think about sickness, and fear that we shall not always enjoy good health, we are planting the seeds of ill-health. But if we think about health and have faith in health, we demonstrate it in mind and body.

✿ *To be spiritually minded is life and peace.—ROM. 8:6 (A. V.).*

I NOW ENVISION THE UNIVERSAL LOVE AND
PEACE OF GOD ESTABLISHED THROUGHOUT
THE WORLD.

TODAY I reaffirm my faith in God's promise of universal and everlasting peace. I establish this thought so firmly in my consciousness that no matter what situations or circumstances disturb the world and its peoples, I know that surely and swiftly all events are transpiring to bring about peace and harmony.

I fill my mind anew with vibrant thoughts of love. I recognize love as a harmonizing force, drawing together all peoples, all races, all creeds, unifying them in a spirit of oneness with God's wise, divine purpose.

I speak words of peace to those whom I meet. I refuse to let any negative thoughts, words, or events overshadow that which is uppermost in my consciousness: the everlasting peace, the eternal peace, the swift peace which is the heritage of the children of God's own kingdom. I affirm the establishment of the peace which He left with us. I believe in peace, I think peace, I live peace.

✿ *He maketh wars to cease unto the end of the earth.*
—PSALMS 46:9.

JANUARY 24

Sunday

I HAVE FAITH IN THE LIVING CHRIST.

CHRISTIANITY has life, light, and power because at its center is the living Christ, a Christ as surely alive today as when He walked the shores of Galilee. My faith is a constant, joyous awareness of His uplifting presence that guides me serenely through each day, that enables me to see through the night of seeming despair to the glorious dawn of new hope and courage. If my mind is disturbed by doubt, I recall that I follow a conqueror whose faith in the midst of turbulence kept Him inwardly serene.

The risen Christ left a legacy of spiritual power, and I am confident that this power is working now through the world's affairs to the ultimate triumph of freedom, peace, and justice. I have faith that the victory of the Christ Spirit is the common heritage of all men. I am watchful to see that my faith is neither tarnished by disuse nor corroded by doubt and discouragement. The inspiration of the Christ directs my thoughts and controls my actions, so that my life exemplifies the faith which my heart holds dear.

☛ *Christ may dwell in your hearts through faith.—EPH. 3:17.*

Monday

JANUARY 25

THE LIGHT OF GOD REVEALS ALL THAT I NEED TO KNOW IN ORDER THAT I MAY LIVE SUCCESSFULLY AND GLORIFY HIM.

AS I COMMUNE with God in the silence His light floods my consciousness, and I know the way in which I should go. As a child of God I am no longer in darkness. The knowledge I seek is no longer withheld from me.

God created me in His image and after His likeness, and He gave me light, wisdom, and understanding. He sent me into a strange world, but He endowed me with knowledge sufficient to cope with every experience. The light of God is to me freedom from all seeming darkness of error, and for this reason I no longer fear or doubt. I follow His light within me, and I have both the faith and the ability by which to triumph.

I go forth this day knowing that I am the all-wise, all-loving, all-knowing, and all-conquering child of God. His light shines upon my path. His wisdom inspires me and directs me in the way I should go. I walk in paths of righteousness, freedom, and peace.

❁ *Oh send out thy light and thy truth; let them lead me.*—PSALMS 43:3.

JANUARY 26

Tuesday

I SEE BEYOND THE TEMPORARY AND CHANGING THINGS OF THE WORLD AND BEHOLD THE PERMANENT THINGS OF GOD.

IN OUR study of Truth we learn to differentiate between the illusory and that which is real. Truth reveals the things of God: life, love, joy, peace, and substance as the real and true. The things that are changing and unreal are fear, hate, injustice, and lack.

As we seek a deeper understanding of Truth our attention is directed away from the illusory world to the eternal verities of God. We know that Truth never changes, that the love of God endures forever, and that nothing has power to take it from us. The life of God is unchanging and permanent. The substance of God is eternally infolding and surrounding us. His substance takes form according to our beliefs, our thoughts, and our word.

Life and substance are permanent realities of divine Mind, and nothing of the world can affect them or change them. They exist in God as permanence, the eternal and the real.

✿ *I know that, whatsoever God doeth, it shall be for ever.*—ECCLES. 3:14.

Wednesday

JANUARY 27

I AM VITALLY ALIVE THROUGH THE POSITIVE
SPIRIT OF THE CHRIST MIND.

JESUS CHRIST was a vitally positive character. He was ever constant in His recognition of God's presence and power. There could be no wavering, no indecision in one who invoked the Holy Spirit in the healing of the lame, the raising of the dead, the stilling of the waves.

Today we can awaken our own sleeping consciousness, heal our bodies, and still the turbulent waves of our personal problems by developing an awareness of God's presence and by affirming our oneness with the Christ mind. We must be positive in our recognition of God's omnipresent good and persistent in our efforts.

As we eliminate negative thoughts and attitudes and accept only that which is good and true, we shall be filled with new courage and assurance, new poise, and a strong, abiding faith. We shall find our bodies alive with new vigor and a vital awareness of health and strength. Our affairs will become harmoniously adjusted, and divine order will reign in our life.

✿ *Have this mind in you, which was also in Christ Jesus.*
—PHIL. 2:5.

JANUARY 28

Thursday

I AM STRONG AND OF GOOD COURAGE.

COURAGE is a divine quality of mind that is closely allied to faith. Courage derives from an inner assurance, a conviction that God, Truth, is the supreme power in the world, and that right must and will prevail.

The courageous man may not always be fearless, but he is master over his fear. He may be aquiver with nervous tension, but he faces the enemy unflinchingly. He may be in a difficult situation, facing tremendous odds, but there is laughter on his lips and a song of victory in his heart.

Courage is the hallmark of a strong and valiant spirit. It distinguishes men and women in every field of human endeavor. It may glow like a steady flame day in and day out, recognized by everyone, or it may suddenly burst forth like a tremendous fire that had previously been invisible and unrecognized.

Let there be courage in your heart today. God reigns, and He makes you strong and very courageous in all your ways.

*I have set Jehovah always before me:
Because he is at my right hand, I shall not be moved.*

—PSALMS 16:8.

Friday

JANUARY 29

I AM THE RICH CHILD OF GOD, AND I CLAIM
MY HERITAGE OF ABUNDANCE.

AS THE child of God you inherit all that the Father has. Your heritage is plenty, not lack, for God is fullness and completeness. Cease thinking of yourself or of your finances as being in any way limited. God's supply which is your inheritance is infinite and inexhaustible.

Because God is Divine Mind, His resources are spiritual and mental. His wealth lies primarily in divine attributes and rich ideas. As the child of God you inherit wisdom, love, courage, faith, diligence, and the other qualities which are of the nature of God.

By continued use of the attributes and powers that God has given you, you become a channel through which new inspiration and rich ideas find ever-increasing expression. Your demonstrations of prosperity are then easier, quicker, and more satisfying. The inflow of your supply becomes steady, continuous, and bountiful.

You are the rich child of God. Claim your heritage of good today.

✿ *It is your Father's good pleasure to give you the kingdom.*—LUKE 12:32.

JANUARY 30

Saturday

I AM FREE FROM IMPATIENCE BECAUSE I AM ESTABLISHED IN THE PATIENCE OF CHRIST.

WHEN we become impatient we do so because we are engrossed with the things of the world, and we lose sight of the Spirit of Christ within us. We become impatient because we believe that persons and things of the world can conspire against us and delay the action of Christ. When we let fear and anxiety become dominant we are impatient.

When we let Christ rule supreme, we increase faith and trust in Him. We do not become anxious or worried about circumstances, for we know that Christ rules and that He is love and peace. We do not believe that situations can offset His good, because we are established in His patience, and we keep centered in Him.

If you have any tendency to be impatient, with yourself, with others, with circumstances, learn to keep your thought and trust centered in Christ. You will know that your good cannot be hindered or impeded by outer conditions, and you will grow in understanding, love, and patience.

✿ *In everything commending ourselves . . . in much patience.*—II COR. 6:4.

Sunday

JANUARY 31

I MAINTAIN INTEGRITY IN THOUGHT AND ACTION.

MY FIRST duty is always to be true to my innermost Christ self. One is my Maker and one my Judge, and my actions are governed by a covenant of faith between God and me. My sole responsibility is to follow the leading of that Christ mind which speaks to me as conscience and intuitive knowing.

I need not be concerned over the personal opinions of others so long as I know that my thoughts and my actions have conformed to the high standard set for me by Jesus of Nazareth. I let no material gain or advantage lure me from my high purpose, for I know that only by remaining true to my own integrity can I maintain peace of mind, self-respect, and confidence. It is an essential part of my creed that my thoughts always be positive, that my heart be filled with God's love and mercy, that my deeds be motivated by the desire to perpetuate that which is good and true.

Because my heart is right with God, I live each day in confidence that He will bless me.

☛ *He is a shield to them that walk in integrity.*—PROV. 2:7.

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Know Thyself

THE TWO WORDS "Know thyself" expressed the highest wisdom of the Greeks and was inscribed above the doors of the temple. Down through the years it has been a precept to be studied, analyzed, and expressed.

"Know thyself" heads one of the chapters in the book formerly called **USABLE TRUTH**, by Richard Lynch, well-known Truth teacher and writer. At the author's request the book has been renamed **KNOW THYSELF**, and has just been printed under the new title.

The book presents its material in a twofold way: it explains the principle and then shows how to use it. A new chapter, "The Beginning and the Ending," has been added to this book. Its theme is love, love as the fulfillment of the law, love as a harmonizing force, and love as a healing power.

KNOW THYSELF (formerly Usable Truth) is \$1 in cloth; \$2 in flexible binding.

UNITY SCHOOL OF CHRISTIANITY, KANSAS CITY, MO.



How to Make 1943 a Year of Blessings

A brand-new year is at hand, 365 days rich in blessings for you if your heart is attuned to catch them. Prepare now to receive the good that is in store for you by placing yourself and your affairs in the care and keeping of infinite love and wisdom; by giving Truth a definite place in your life.

One of the best ways to put Truth into daily practice is offered by the Prosperity Bank plan. "A prayer and a coin a day" is its working slogan. The prayer helps you strengthen your faith in God, the one source of your good. The coin is an expression of your faith as you save for the purpose of sharing the DAILY WORD message with others. When with Silent Unity's help you faithfully carry out your part of the Bank plan you open the way for countless blessings to come to you during 1943.

Unity School of Christianity, 917 Tracy, Kansas City, Mo.

Please send me a Prosperity Bank and enter a year's subscription for *Daily Word* for each of the persons here named. I will save \$3 for the subscriptions, which are to begin at once. I ask the prayers of Silent Unity for my success.

1. Name

Street

City State

2. Name

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City State

3. Name

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City State

SENDER'S NAME

Street

City State

Beginning Again . . .

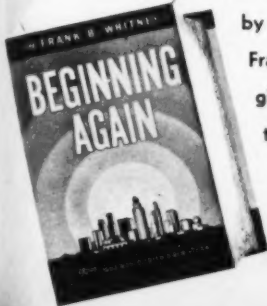
1943

This is a day of change, of adjustments to be made, and of new situations to be met. Every phase of living calls for adjustment.

But for every change to be made there is also an opportunity for growth, a challenge to overcoming. The book **BEGINNING AGAIN** will help you meet these challenges in a way that will be a blessing to you and to all those with whom you are associated.

The book suggests a new approach to life, a new way of prayer, a new beginning in health, a new start in personal finances and personal adjustment. This book

of seven chapters, with a foreword by Ernest C. Wilson, was written by Frank B. Whitney. The price of *Beginning Again* is \$1 in cloth; \$2 in the flexible binding.



Unity
SCHOOL OF CHRISTIANITY
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